

# Center for Integrative Care

## IN THE TEBO FAMILY MEDICAL PAVILION

303-415-7292

Monday to Friday 9 a.m. – 5 p.m.

### **Integrative therapies provided:**

- Acupuncture/acupressure
- Manual lymphatic drainage/  
Lymphedema massage
- Oncology massage
- Reiki

### **These therapies have been proven to be safe and effective to:**

- Improve sleep
- Decrease anxiety and stress
- Decrease fatigue
- Decrease pain
- Decrease nausea

### **Services available:**

- One-on-one sessions in the center
- Community Acupuncture Clinic
- Complimentary 15-minute sessions in the Rocky Mountain Cancer Centers infusion room

### **Payment:**

- Insurance
- Affordable options (please ask about our CAM fund)
- Flexible Spending Account
- Health Savings Account

