

FOUNDATION

PARTNERING TO CREATE AND CARE FOR
THE HEALTHIEST COMMUNITY IN THE NATION

NOVEMBER 2017

Della Cava Family
Medical Pavilion

Introduction of Mental
Health Endowment

2017 Community
Events

Cancer Center at Tebo
Family Medical Building
10th Anniversary

 DELLA CAVA FAMILY MEDICAL PAVILION



Boulder Community Health
Foundation



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ANNOUNCEMENTS

FOUNDATION BOARD OF TRUSTEES

✦ New slate of officers announced, effective January 1, 2018. Lisa O'Brien, Chairman; David Drach, Vice Chairman; Andrew Morley, Treasurer; John Wyatt, Secretary.

SAVE THE DATE!

✦ Join us for our annual BCH Ambassador event, the Holiday Extravaganza on December 2nd, 2017. This event benefits the BCH Breast Cancer Treatment Fund. Visit bchambassadors.org for more information.

✦ Spring Gala, May 12, 2018 at the Boulder JCC

WELCOME NEW BCH FOUNDATION TEAM MEMBER

✦ Ona Wigginton has recently joined the Foundation team as Director. Ona is a Colorado native with extensive non-profit experience in the arts, museums, health care, and human service agencies. She looks forward to working with the supporters of the BCH Foundation to further the mission of Boulder Community Health. Ona can be reached at owigginton@bch.org or 303-440-2167.

LETTER FROM THE FOUNDATION PRESIDENT



We are embarking on developing our long-term strategic plan to ensure the role of the Foundation continues to evolve to stay relevant in the ever-changing local and national health care environment. Boulder Community Health (BCH) is committed to meeting the needs of our community now and well into the future. There are a number of key questions that I, along with our Board of Trustees and other key

stakeholders, will be asking as we undertake this process:

- How do we position the Foundation to stay best aligned with the new BCH vision – Partnering to create and care for the healthiest community in the nation?
- What opportunities exist to collaborate with other organizations that play a role in our population's health?
- What are the greatest health care needs across our community, especially in light of the demographic shift around age, geography and socio-economics?
- How do we continue to be the best stewards of the generous donations made to the Foundation by committed individuals and organizations?

As a partner in our work, I look forward to sharing the results of our strategic planning in 2018. In the meantime, I hope you enjoy the debut of our Foundation Newsletter – spotlighting the tremendous impact from our community's unrelenting commitment to enhancing health care.

With deep respect and gratitude,

Grant M. Besser
BCH Foundation President



Della Cava Family Medical Pavilion

COMMITTED TO OUR COMMUNITY'S MENTAL HEALTH

Lou and Melodie Della Cava, long-time advocates of Boulder Community Health, have generously provided a \$2 million lead donation for the BCH Foundation's comprehensive mental health campaign – supporting our new 70,000 sq. ft. state-of-the-art medical pavilion and the establishment of a mental health endowment (see page 6). The new building, which is scheduled to open early 2019, will house a greatly expanded inpatient behavioral health unit, as well as much needed outpatient behavioral health services. Boulder Community Health is the only acute care hospital in Boulder County to provide inpatient behavioral health services.

Highlights of the new Della Cava Family Medical Pavilion:

- Inpatient and outpatient behavioral health units that focus on the needs of adults with acute psychiatric disorders.
- Multi-faceted inpatient program featuring cognitive behavioral therapy, medication management, family involvement, nutrition, and acute emotional crisis management with the goal of personal independence and a successful return to the community.
- Electroconvulsive Therapy (ECT) services as well as neurology and integrative care (e.g., massage, acupuncture, yoga, Reiki).

- Adjacent location to Foothills Hospital will enable better coordination of behavioral health treatment with our Primary Care Physician providers.
- Inclusive design process utilizing staff surveys, patient and family focus groups, and full-scale mock-ups.
- Enhanced healing environment, with welcoming spaces, ample natural light, and safe therapeutic atmosphere.

“Generations of our community members have invested in making BCH what it is today. It is this spirit of generosity from leaders, such as Lou & Melodie Della Cava, that will ensure we continue to raise the standard of excellence today and in the future.”

— President, Boulder Community Health Foundation, Grant Besser

“Boulder Community Health is an independent health system that’s solely focused on this community, giving us an unmatched ability to respond to Boulder’s evolving health care needs. This new addition to our Foothills Medical Campus will provide our friends and neighbors crucial resources that are not available in most other cities.”

— BCH President & CEO, Robert Vissers, MD



Lou and Melodie Della Cava

BCH EVENTS

We are truly blessed to have so many devoted supporters who participate in Boulder Community Health Foundation events throughout the year. Without you, we couldn't provide dramatically needed health care services to Boulder Valley residents who may otherwise go without.

SPRING GALA

This year's Spring Gala was a tremendous success. Together, we raised over \$520,000 in support of establishing a Mental Health Endowment for our community.



KIDLINKS

Benefiting the Pediatric Rehabilitation Fund.



HOLES OF HOPE

Benefiting the Cancer Center at Tebo Family Medical Building.



B STRONG BIKE RIDE

Benefiting the Center for Integrative Care. Photos courtesy of Ani Vattano.



WALK WITH A DOC

Benefiting community health.



RED LIPSTICK FUND

Offers financial assistance to those receiving treatment for cancer.



BCH Mental Health Endowment

COMING TOGETHER IN SUPPORT OF MENTAL HEALTH

The BCH Foundation has raised \$1.5 million toward our \$2 million goal, which will allow us to establish an endowment to support the mental health of our patients along the continuum of care, empowering them to strengthen and maintain their personal well-being and independence as they address their mental health.

Once we raise the \$500,000 needed to reach our \$2 million goal, we will provide \$100,000 or more in grants annually to community members in need. Grants will range from \$100 to thousands of dollars across four core areas: Transitions (ex. temporary housing, medication costs, transportation), Treatment (ex. un- or under-insured coverage, therapy supplies, medicine management), Health and Well-being (ex. integrative care, staff care), and Education (ex. community programming, BCH provider ongoing education), enabling individuals to receive mental health care that would otherwise not be available to them.

A few quick points to consider related to this widespread issue:

- According to the World Health Organization, 1 in 4 people will have a mental illness in their lifetime, the most common being depression or anxiety.
- Annually, 260,000 Colorado adults and children need treatment for severe mental illnesses such as schizophrenia, bipolar disorder, major depression and serious emotional disturbances.
- The crisis is growing and resources are dwindling, meaning tens of thousands go without care.

Once established, the BCH Foundation's Mental Health Endowment will be an important community-based resource greatly impacting the mental health crisis in our area.

Please make a difference for those struggling with a mental illness, donate today at:
bch.org/mentalhealthendowment

SANE Program Spotlight

DISTRICT ATTORNEY STAN GARNETT ON HIS EXPERIENCE WORKING WITH BCH ON THE SANE PROGRAM



Stanley L. Garnett, DA

Since its development in 2015, the Sexual Assault Nurse Examiner (SANE) program at Boulder Community Health has transformed expert patient care for survivors of sexual assault in the Boulder community.

Before SANE, survivors of sexual assault were required to travel more than an hour to receive appropriate medical care. The lack of a local SANE program often had the unfortunate result of causing a delay or even lack of collection of evidence so critical to a proper law enforcement investigation.

With the strong support of the community and partnership with the District Attorney's Office, Boulder Community Health established its own SANE program, thereby delivering expert patient care to the Boulder community it serves

and increasing law enforcement's ability to hold offenders accountable.

The forensic evidence collected through a SANE examination is often the most impactful evidence presented at a criminal trial. The District Attorney's Office often calls upon SANE nurses to testify at trials as expert witnesses. The testimony SANE nurses provide regarding their knowledge, skills, experience and training is critical to the jurors' understanding of the medical and forensic evidence.

The District Attorney's Office is proud to be a partner with the BCH SANE program. Community safety cannot be accomplished if patients do not feel safe, and the BCH SANE program ensures that patients feel respected and safe, while receiving the expert medical care they deserve.

— Stanley L. Garnett,
District Attorney for the Twentieth Judicial District and
serving the people of Boulder County, Colorado



Tebo Family Medical Building

The Tebo Family Medical Building is celebrating its 10th anniversary! Over the past ten years more than 21,000 patients have benefited from state-of-the-art oncology treatment and services while remaining close to home to receive exceptional care.



John Fleagle, MD

“Since it opened in 2007 the Tebo Family Medical Building has provided cancer patients in the Boulder community access to a truly integrated approach to care,” says Dr. John Fleagle, practice president of Rocky Mountain Cancer Centers (RMCC). “Patients are able to receive the most advanced medical

and radiation therapies through our practice. In addition our patients have access to an array of complementary therapies through Boulder Community Health’s Center for Integrative Care also housed in the Tebo Family Medical Building.”

For breast cancer survivor Pat Critchfield, receiving her outpatient care at the Cancer Center at Tebo Family Medical Building made all the difference in the world. When her annual mammogram and subsequent testing revealed invasive ductal breast cancer, her 8-month journey from surgery, to chemotherapy, to radiation therapy, to the Center for Integrative Care was “lightened by the angels on her team every step of the way.”

As a newly diagnosed patient of the program, Critchfield was connected with Nanna Bo Christensen, the breast health navigator and experienced oncology nurse. After her

surgeries, she began seeing RMCC medical oncologist, Dr. Mark Sitarik for her chemotherapy and then RMCC radiation oncologist, Dr. Andrew Antell for her radiation therapy.

Throughout her medical treatment, Pat availed herself of the complementary therapies offered through Boulder Community Health’s Center for Integrative Care, also housed in the Tebo Family Medical Building, to aid in her healing and recovery. She also began extensive physical therapy for her lymphedema through the hospital’s outpatient rehabilitation program.

“From the moment I was diagnosed last June I felt loved and supported not only by my family and friends but by the doctors, nurses and everyone that is part of the breast cancer program at Boulder Community Health, RMCC and the Center for Integrative Care. I know ‘wonderful’ is not a word generally used to describe a cancer journey but for me it was a positive experience based on the care I received. And the best part is today I’m cancer free.”



Pat Critchfield & Jeff Brand

Boulder Community Health remains grateful for the initial gift from the Tebo family to build this wonderful facility on the Foothills Campus and the on-going support from Stephen Tebo. Community support is vital to providing our community with the highest value health care in an innovative, patient-centered environment.

Thank you to the 1,000+ individual and corporate donors who contributed to The Cancer Center at Tebo Family Medical Building Campaign. We remain grateful for your past, current, and future support of BCH!

BCH FOUNDATION GRANT PROGRAMS

BREAST CANCER TREATMENT

A fund providing direct assistance to offset any costs encountered by women in need undergoing breast cancer treatment.

COMPASSIONATE CARE SYMPOSIUM

A symposium to promote compassion and empathy through improved communication between patients, families and caregivers.

COMPREHENSIVE WOUND CARE

Improving wound treatment through advancements in technology and investments in specialized products to aid in mobility and healing.

DIABETES CARE MANAGEMENT

A program utilizing point of care testing and bedside retinopathy scanners to deliver comprehensive diabetic care in one location.

EMPLOYEE EMERGENCY ASSISTANCE FUND

An emergency fund providing assistance to offset specific costs by employees of BCH.

ETHICS COMMITTEE EDUCATION

Supporting the cost of introductory and advanced training, educational presentations and conferences for the BCH Ethics Committee.

INTEGRATIVE CARE

Covers the cost of alternative therapies for under-insured cancer patients. Provides access to massage therapy, reiki, meditation, acupuncture and more – supported by B Strong Ride.

MENTAL HEALTH EDUCATION

Investing in community based education to raise awareness and address the stigma associated with mental health issues.

MENTAL HEALTH ENDOWMENT

Supporting the mental well-being of BCH patients and empowering them to strengthen and maintain their personal independence.

NIGHTINGALE AWARDS

Supporting our BCH nurses' participation in Colorado's highest nursing honor – an annual award providing recognition and appreciation of nurses in our community.

ONCOLOGY NURSE NAVIGATOR

Provides individualized assistance to patients and caregivers to help them navigate through the health care system while undergoing treatment, and into survivorship.

PEDIATRIC REHABILITATION FUND

Providing expert help to children ranging from newborns through age 16 for physical, sensory, motor, speech, language, cognition and academic difficulties.

RED LIPSTICK FUND

Offers financial assistance to those in need while receiving treatment for cancer at the Tebo Cancer Center and BCH.

SANE PROGRAM

Providing access to continuing education for Sexual Assault Nurse Examiner (SANE) program nurses.

SCALP COOLING PROGRAM

A program offering the use of equipment needed for patients to prevent hair loss during chemotherapy.

URBAN ZEN

A training program for practitioners that teaches self-care so that they can enhance the treatment of the patient by utilizing Integrative Therapies.



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